

Elements of Lifestyle**Appetite****Lifestyle****Substance****Body Mass Index**

Ugh! You are underweight. Your BMI score 0.00 is very less than the target range 21-24.9.

**Weight**

Ugh! You are underweight. Your current weight 0 kgs is less than the target range 53-58 Kgs



Disease Specific Risks

Moderate Risk Areas

Osteoporosis

Arthritis

Breast Cancer